



Dietary Fibre

– Codex Definition and methods of analysis

For over 30 years, FOSS has supplied a solution for the determination of dietary fibre, the Fibertec E, following the AOAC methods 985.29 and 991.43. Market developments have placed new demands on the analytical method for the determination of dietary fibres - especially with respect to resistant starch and low molecular weight carbohydrates. Recently an integrated method, AOAC 2009.01, which is compatible with the latest Codex definition of dietary fibre has been published.

The Codex Alimentarius Commission is an international network established in 1963. It is a coop-

eration between FAO (Food & Agriculture Organisation of the United Nations) and WHO (World Health Organisation), which is also acknowledged by WTO (World Trade Organisation).

The Codex agrees on standards and guidelines in the food/feed/agri sectors that are valid for all nations. The focus is on import/export inspection and certification, codes of conduct, arbitration in cases of conflict, etc but also on methods of analysis.



[Read the full paper by Dr Jürgen Möller here \(pdf 256 kb\).](#)